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RRTCDD Mission Statement

The Rehabilitation Research and Training Center on Developmental Disabilities and Health (RRTCDD). will promote the health and function of adults with I/DD through a coordinated set of research, training in evidence-based practice, and dissemination and utilization activities. The activities of the RRTC are all designed to promote involvement of people with I/DD within the fabric of their community, enable them to access the health and long-term services and supports they require throughout their lifespan, and help them attain a healthy, personally meaningful and socially relevant life.

RESEARCH PAPERS PRESENTATIONS

RRTCDD News Spring 2015

Research Initiatives

Longitudinal Health and IDD Study (LHIDDS)

Kelly Hsieh, PhD is recruiting for the [Longitudinal Health and Intellectual and Developmental Disability Study \(LHIDDS\)](#). This study aims to engage adults (aged 18 and older) with intellectual and developmental disabilities and their families, caregivers, or workers – especially those from diverse backgrounds – to participate in a five-year study on health behaviors by completing a survey once every two years. For more information and to enroll in the study, please visit:

https://uic.qualtrics.com/jfe/form/SV_5bc1N9vhibp939j

POWERSforID

James Rimmer, PhD is currently putting the finishing touches on the nutrition and physical activity education materials that will make up the POWERSforID intervention. Review of the POWERSforID study protocol by UAB's IRB was set for Wednesday, April 1st. The start date for the POWERSforID pilot study would be the beginning of June 2015.

HealthMatters Statewide Scale-Up is a health promotion initiative aimed at improving people with intellectual and developmental disabilities's (I/DDs) health status and health behaviors. This research study is currently working with Community-Based Organizations in the following states:

HealthMatters, Kentucky!

Partnering with [Human Development Institute at the University of Kentucky](#) (HDI) and [Kentucky Division of Developmental and Intellectual Disabilities to assist provider](#) organizations with promoting healthy lifestyles to people with I/DD while meeting the requirements of the [National Core Indicators](#). Eleven community based organizations (CBOs) are actively participating in this initiative.

HealthMatters, Alaska!

Partnering with [UAA Center for Human Development](#) and endorsed by the [Alaska Health and Disability Program, Department of Health and Human Services](#) to assist provider organizations with promoting healthy lifestyles to people with I/DD. Currently, six CBOs have joined initiative and will begin in August 2015.

HealthMatters, Illinois!

Partnering with Northpointe Resources and the [Illinois Disability and Health Program](#) at the [Illinois Department of Public Health](#) to assist provider organizations with promoting healthy lifestyles to people with I/DD while meeting the requirements of the [National Core Indicators](#). Nine CBOs are actively participating in this initiative. A second wave of applications will open up the initiative to another six CBOs beginning in September 2015.

Papers

Ronneberg, C.R., Peters-Beumer, L., Marks, B., & Factor, B. (2015). [Promoting Collaboration Between Hospice and Palliative Care Providers and Adult Day Services for Individuals With Intellectual and Developmental Disabilities](#). *OMEGA: Journal of Death & Dying*, 70(4), 380-403. doi: [10.1177/0030222815573724](https://doi.org/10.1177/0030222815573724).

Hsieh, K., Heller, T., Bershadsky, J., & Taub, S. (2015) . [Impact of Adulthood Stage and Social-Environmental Context on Body Mass Index and Physical Activity of Individuals With Intellectual Disability](#). *Intellectual and Developmental Disabilities*, 53(2), 100-113. doi: <http://dx.doi.org/10.1352/1934-9556-53.2.100>.

[The State of the States in Developmental Disabilities 2015: Emerging From The Great Recession](#) has been published by the [American Association on Intellectual and Developmental Disabilities](#) (AAIDD).

The 217-page book is a joint effort of the University of Colorado's Department of Psychiatry and Coleman Institute staff and UIC's Department of Disability and Human Development staff. Authors include [David Braddock, PhD](#), [Richard Hemp, PhD](#), [Mary C. Rizzolo, PhD](#), [Emily Shea Tanis](#), [Laura Haffer](#), and [Jiang Wu](#). This is the tenth edition of a book widely used in the states and nationally to evaluate national, state and local financial and programmatic commitments for developmental disabilities services in the United States.

Parish, S.L., Mitra, M., & Iezzoni, L., (in press). Health promotion. In C. Signore & S. Miles-Cohen (Eds.), *Inequity to Equity: Improving the Health and Well-being of Women with Disabilities*.

Conferences and Presentations

Sandra Magaña, PhD will present her research at the American Association on Intellectual and Developmental Disabilities (AAIDD) Annual Meeting in Louisville, Kentucky (**June 1-4, 2015**). The presentation, "[Health disparities among Latino and non-Latino Black adults with intellectual and developmental disabilities: An analysis of national data](#)" will demonstrate results from an analysis of Medical Expenditure Survey (MEPS) and National Health Interview Survey (NHIS) data that answers the following questions: 1) Are there racial and ethnic disparities in health outcomes, health care access, health behavior, health care beliefs and health status among adults with intellectual and developmental disabilities (IDD)? 2) What are the factors associated with racial and ethnic disparities among adults with IDD?

Promoting Health & Safety for Workers with Disabilities: Realizing the Promise of the ADA. (June 9-10, 2015). The Department of Disability and Human Development along with the Occupational and Environmental Health and Safety Education and Research Center at the University of Illinois at Chicago are co-hosting this conference at UIC.

Parish, S.L., Ghosh, S., Sonik, R., & Igdalsky, L. (July 2015). [Food insecurity in US](#)

[households raising children with disabilities](#). Paper presentation at ATINER conference; Athens, Greece. [Athens Institute for Education and Research].

Older Adults with Intellectual and Developmental Disabilities Wednesday (May 13, 2015) <http://bit.ly/1P6mM5l> By 2030, the number of adults with intellectual and developmental disabilities (ID/DD) over the age of 60 is projected to be 1.2 million individuals. As adults with ID/DD grow older and their caregivers age, new challenges emerge. This webinar by UnitedHealthcare and the National Association of Councils on Developmental Disabilities explored the opportunities to support the independence and self-directed lives of persons with ID/DD and their families.

Beyond Disability on the “Metro” Show. (April 8, 2015). As part of the Conference on World Affairs, [Tamar Heller, PhD](#) was on the radio station KGNU speaking on the topic “Beyond Disability” as part of its “Metro” show. The host was Miriam Schiff. The following is the link to this 30-minute interview on new ways of viewing disability:

<http://www.kgnu.org/metro/4/8/2015>

[Tamar Heller, PhD](#) (UIC RRTC on Health and Disability), [Lisa Peters-Beumer, MPH](#) (Assistant Vice President of Adult and Senior Services, Easter Seals) and Dan Griffin (Christopher and Dana Reeves Foundation) co-facilitated the American Society on Aging (ASA), [Aging and Disability peer group](#) at the annual conference (**March 24, 2015**) in Chicago. The following topics were discussed: a) Updates, compelling trends and recent work in aging with disabilities, b) Experiences in policy, research or practice – progress in areas such as systemic changes, c) Emerging program models/collaborations/networks to support older people with disabilities aging in community & how people with disabilities and their families are involved, and d) Proactive later life planning among individuals with disabilities where tools/assessments were found to be particularly helpful.

[Lieke van Heumen, PhD](#) candidate, provided a two-part Webinar series with [Easter Seals](#) affiliates on Aging with Intellectual and Developmental Disabilities (**February/March 2015**). Programs and services supporting individuals and promoting well aging in our programs and communities were discussed. Additionally, compelling topics included: common health needs, applying person centered planning in later life, fostering opportunities for self-determination, promoting of supportive social networks, environmental and programmatic adaptations, as well as [family caregiving](#), [supporting caregiving transitions](#) and [involvement of siblings](#). For more information, contact [Lisa Peters-Beumer](#), Assistant Vice President of Adult and Senior Services, Easter Seals.

Parish, S.L. (February 25, 2015). [Family caregiving for children and adults with intellectual disabilities in the United States](#). Invited presentation. Queens University, Belfast.

Parish, S.L., Magaña, S., & Son, E. (January 15, 2015). [Trends in racial disparities in quality of care for children with autism and other developmental disabilities](#). Paper presentation. Society for Social Work and Research, New Orleans.

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